

Pandemic Pivots Icebreaker Game

Group size: 6 or more

Time needed: 10-15 minutes

Supplies: Printed copy of the questions

Instructions:

Say to your group, “We would all agree that we’ve had some interesting experiences this past year. As our country was forced to lock-down, we all learned to pivot. Tonight we’re going to highlight some of those shared experiences. If you can answer yes to my question, please stand (or raise your hand). Take a quick look around the room to see who else had a similar experience.”

Notes:

You’ll want to read through the list slowly enough that they can see who else is standing, but also at a pace that they don’t get too bored. If you read too quickly, your participants may not appreciate the thigh workout!

If you have women who have limited mobility, ask them to raise their hand high instead.

You could also have women tally up their points – one point for every yes and crown a winner. But it’s much for fun and provides more points of connection when you can visually see the results for each question.

Questions:

Select 12-15 questions below to use with your group. You want the game to end while they are still having fun.

Stand up if you....

1. Attended a meeting via Zoom
2. Cut your own hair
3. Ordered groceries online
4. Ran out of toilet paper
5. Sewed your own mask
6. Got camera-ready from the waist up (yoga pants on the bottom, nice shirt, make-up, and hair fixed)
7. Dyed your own hair
8. Oversaw virtual schooling
9. Picked up groceries for a neighbor
10. Had fast food delivered to your home
11. Applied just eye make-up to venture out in public
12. Played a game with friends or family virtually (online)
13. Attended online worship services
14. Bought toilet paper in bulk
15. Walked your dog more frequently

16. Shared a covid meme on social media
17. Binge watched a new TV show
18. Got to know your neighbors better
19. Threw together a meal using what you could find in your pantry
20. Got Zoom fatigue (tired of virtual meetings)
21. Completed a 100 or more piece puzzle
22. Baked a loaf of bread from scratch
23. Mailed a handwritten note or letter
24. Went two weeks or more without filling up your car with gas
25. Wore your pajamas at least once all day long
26. Exercised at home or regularly walked in your neighborhood